

How your contribution helps families grow.

Families in turmoil

- Help a family receive in-home visits over 3 months for parenting skills, boundaries, managing separation and step-families.
- Enable a 7-10 year old to attend a course to grow self-esteem, develop social skills and explore feelings and anger management.
- Allow a distressed family to regain control of their financial situation with help from a trained Budget Advisor.

Our young people are hurting

- Provide help from a qualified, skilled Youth Worker for a teenager experiencing depression, stress or anxiety.
- Enable a young child to work through anxiety, trauma, grief or attachment disorders by receiving therapy.
- Help a young girl 11-13 years old gain motivation, confidence and inspiration from a mentor for a year.
- Give a baby of a teenage mother a better start in life by teaching the teenage parent vital parenting skills.

Create happy early childhood memories

- Maintain the van that ensures our preschoolers can attend the Early Childhood Education Centre when their parents have no means of transport.
- Purchase necessary equipment and resources for our Early Childhood Services.

It only takes \$10 a month to sow the seed for a brighter future for a family in need...



*Find out more about our programmes on our website
www.napierfamilycentre.org.nz*